

# Roots & Shoots

The Cycle of Life

Solstice

*Tender green stems amongst autumn's earthy hues  
tiny leaves lift their heads towards the sun  
fragrant shoots,  
roots seeking nourishment  
extracting essence from Mother Earth.*

*Flowers painted with the last palette of the season  
the countryside, abuzz with bees, harvesting  
bountiful honeycombs, dripping with sweet nectar,  
filling nature's larder with ripe season pickings  
for the long, cold winter to come.*

Equinox

*The days become cooler,  
as Nature dress in her ochre cloak  
and sheds her autumn leaves,  
carpeting her secret places  
wither and nourish the soil.*

*The essence of citrus permeates the cool crisp air  
pregnant golden fruit,  
bearing the seeds of tomorrow's promise.*

*The winds blowing from the cold northern  
fjords of ice and snow, scatter leaves  
over the frosty, dormant soil, moulding a warm bed,  
nurturing Mother Nature's covenant  
of bountiful provision for the future...  
and the next season's shoots.*

Chantel  
Equinox 2016

VEGETARIAN  
*Grande Dégustation*

Amuse Bouche  
Small Prelude to Roots and Shoots

**Olive Madeleine**  
**Nasturtium Macaron**  
**Corn on the Cob**

followed by

**Simply Shoots**

*Garden Velouté, Fava Bean Mousse, Pea Shoots*

**Bountiful Beetroot**

*Salt-Crusted Beetroot, Heirloom Salad,  
Mature Reserva Leonardi Italian Balsamic*

**The Alchemist's Infusion**

*Saffron Tortellini, Hibiscus Consommé*

**Honeycomb**

*St Nectaire, Sunflower Shoots, Prosopis Honey*

**Indochine...A taste from the East**

*Garden Vegetables, Ming Kam, Sweet Red Curry*

Remise en Bouche

**Carrot Candy**

**Autumn Leaves**

*Black Truffle, Cauliflower Crème, Shitake Mushroom Ravioli, Cauliflower Beignets*

Final Flavours

**Cheese Selection**

*Charles Arnaud 30 month Grande Réserve Comté, Old Amsterdam,  
Belnori Kilimanjaro, De Pekelaar and many more*

**Recipe for Romance**

*Passion Fruit, Almond and Love Potion*

or

**Little Black Number**

*Callebaut Chocolate, Vanilla Confit Pear, Italian Dark Chocolate Gelato*

**Coffee and Petits Fours**

*PLEASE NOTE: In order to assure that your table experience a proper rhythm, it is best if the menu is enjoyed by the entire table.*

Connoisseur Wine Pairing: R550.00 p/p

Menu Per Person: R835.00

Enthusiast Wine Pairing: R450.00 p/p

# VEGETARIAN

# Market Dégustation

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Connoisseur Wine Pairing: R400.00 p/p

Menu Per Person: R625.00

Enthusiast Wine Pairing: R350.00 p/p

Mosaic's

# Bread & Butter

Selection

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The breads and butters are prepared fresh daily by our team of well skilled bakers.

## **Bread Selection**

Aggie's Seed Loaf  
Green Olive Rye Bread  
Italian Ciabatta  
Crusty Polenta Rolls  
Multiseed and Rapeseed Oil Bread  
Sour Cherry and Walnut Cheese Bread  
Cranberry and Pear Cheese Bread

## **Butter Selection**

Moorivier Salted Farm Butter  
Caper Berry and Green Olives  
Mosaic's Signature Anchovy Butter  
Honey and Cinnamon

We also have a selection of Wheat, Gluten,  
and Lactose free bread and butters available for Vegans.

Macadamia Nut  
Hazelnut

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Although our bread and butters are not prepared in a nut free zone, we take the greatest of care to cater for our guests with nut allergies.

# Simply Shoots

Garden Velouté

Fava Bean Mousse

Pea Shoots

I have created this dish to be a true interpretation of the colour 'green'. The taste, smell and visual impressions are all reminiscent of the first vibrant and lush shoots that emerge from the soil of my herb garden as they lift their tiny and aromatic leaves toward the sun. These tiny leaves, so welcome amongst the browns of Autumn and early Winter, were the inspiration behind "Simply Shoots".

Most of the flavourful ingredients for this dish are organically grown at Kazi Farm, a small family owned and operated boutique farm situated in the Cradle of Humankind, close to Restaurant Mosaic. They have successfully and sustainably grown exceptional baby vegetables, herbs and salad greens for our kitchen for the past decade. After ten years, farmers Denzyl and Leoni, are still assisting us to delight our guests with only the finest and freshest of produce.

Connoisseur Pairing

Non-Alcoholic Pairing

Enthusiast Pairing

Klein Constantia  
Metis Sauvignon  
Blanc 2014

Home-made  
Nasturtium  
Lemonade

Alphonse Mellot  
Sauvignon Blanc  
2011

Constantia                      Cape

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The wine displays typical and atypical Sauvignon Blanc traits due to the way it is made. It has an expressive, rich palate with unique mineral flavours. It finishes off with a long and full burst of fresh acidity.

Sancerre                      France

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A beautiful vintage with a straw yellow colour, complex nose exuding fruity citrus flavours and floral notes. A soft, elegant and well-rounded vintage.

The Nasturtium leaf is rich in Vit.C and a natural antibiotic. Eating a couple of the peppery leaves at the onset of a cold can stop it dead in its tracks. The gentle antibiotic reaction makes it ideal as a natural medicine.

# Bountiful Beetroot

Salt-Crusted Beetroot

Heirloom Salad

Mature Reserva Leonardi Italian Balsamic

I am fascinated by mythology and typically, my reading time will be taken up by studying the stories of old. It was here that I discovered that the Oracle of Delphi claimed that beetroot was second only in mystical potency to horseradish, and for the ancients it was worth its weight in silver. With the various health benefits that beetroot offers, one can see why. Beetroot contains betaine, a substance that relaxes the mind, and tryptophan (also found in chocolate), which contributes to an overall sense of well-being (and don't we all need that!).

Because of its natural sweet, earthy taste and ruby-red colour, beetroot was one of my first choices of ingredients to feature on our "Roots and Shoots" menu.

The baby beetroots are grown by Merryn on her Aloe Dale Farm, close to where our restaurant is situated. Her enthusiasm lights up my kitchen every week when she delivers fresh bunches bursting with energy and flavour.

Connoisseur Pairing

Non-Alcoholic Pairing

Enthusiast Pairing

Albert Boxler  
Pinot Blanc  
2011

Beetroot,  
Cucumber and  
Ginger Smoothie

Teddy Hall  
Dr Jan Cats  
Chenin Blanc  
Reserve 2010

Alsace

France

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Powerful, mineral, slightly smoky aroma with white flowers, lanolin and spices. The taste is medium-bodied with many layers of fruit, a dense compact structure, grapefruit, soft spices and a vibrant, fresh, pure finish.

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Ginger has a long history of use for relieving loss of appetite and combined with the beetroot, it improves blood circulation and calm the nerves.

Stellenbosch

Cape

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Bright gold with a green tinge. It has a tropical fruit nose with pineapple and some quince. On the palate the balance is impeccable with grapefruit, vanilla and baked apple flavours and an intense lingering finish.

# The Alchemist's Infusion

Saffron Tortellini

Hibiscus Consommé

Heirloom vegetables are a gardener's inheritance, handed down to him by his family. They have been selected and saved over hundreds of years, and offer some of the best tasting and best yielding varieties. The diversity of colours, flavours and textures in heirloom vegetables certainly add variety to any menu.

The colourful hibiscus flower is cultivated worldwide for both its aesthetic appeal and its medicinal uses, which are primarily in the form of tea. Even though, for many of us, the beautiful hibiscus flower brings to mind visions of the Hawaiian Islands, the hibiscus plant is actually native to Africa. Hibiscus tea is made from the dried, vibrantly coloured calyces of the hibiscus flower and has an exotic and tart flavour.

This dish consist of a beautiful and aromatic vegetable consommé that re-infuse through hibiscus tea and other aromatics, which include fennel flowers, nasturtium and lemon grass. The warm vegetable tea mixture is served over the saffron tortellini, that will gently cook when it comes into contact with the heat from the consommé.

Wine Pairing

Non-Alcoholic Pairing

Gróf Degenfeld  
Furmint  
selection 2011

Bavaria 0%  
Raspberry Beer

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It is floral with notes of honey, citrus, apple, peach, pear, grapefruit and fresh herbs dominating both the nose and palate. Clean and balanced.

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Raspberries are rich in vitamins, antioxidants and fiber, with a high concentration of ellagic acid, a compound that prevents cancer.

# Honeycomb

St Nectaire

Sunflower Shoots

Prosopis Honey

Honey is considered as the nectar of life and it is said that it is the only natural food that a human can survive on without any other supplement required. It is fascinating to know that the nectar of 2 million flowers needs to be harvested by bees to make only 450g of honey, and that it took six honey bees their entire lives to produce the amount of honey that you will find on your plate.

“Honeycomb” is my ode to this rich and decadent natural nectar. For this dish I have sourced some rare Prosopis honey from Douglas Bee Farm situated in the remote Douglas region near the confluence of the Orange and Vaal rivers in the Northern Cape Province.

To compliment the natural sweetness of the Prosopis honey, I added sunflower shoots, exclusively and organically grown for Restaurant Mosaic by Anneke Griffioen - it has an enticing crunch, and just a hint of sunflower seed flavour, with an underlying nuttiness which is enhanced by the Saint-Nectaire Cheese.

The Saint-Nectaire cheese is made from cows milk, mainly Salers, that grazed on the volcanic pastures of the rolling hills of the Auvergne in France.

Connoisseur Pairing

Domaine Henri  
Bourgeois Jadis  
2010

Sancerre France

Beautifully light golden hue. Complex and well-balanced, green and white fruits push through a concentrated structure to give this wine great elegance. Very aromatic and concentrated, revealing aromas of exotic fruits.

Non-Alcoholic Pairing

Jasmine  
Tea

Breathing in the scent of Jasmine has the power to release “feel-good” brain chemicals to boost energy. Since ancient times it was also known to improve the digestive processes and lowering cholesterol.

Enthusiast Pairing

Lismore  
Chardonnay  
2012

Greyton Cape

Clear yellow colour. An elegant nose that reveals attractive citrus peel, bay leaf and lime aromas. Intense citrus and soft fruit layered with honey and vanilla carried by a distinct minerality and crisp acidity.



# Indochine

*A taste from the East*

Garden Vegetables      Ming Kam      Sweet Red Curry

I always had a fascination and affinity for the cuisine from the Orient. Having made South East Asia my second home, I have over the years developed an understanding for their delicate nuances of flavours. Combining savoury, sweet and sour in one dish, resulting in a creation that is light, fresh and bursting with flavour, was my inspiration for this small palate teaser.

The term “Ming Kam” is used throughout South East Asia to refer to a tasty snack served in Laos and Burma, with bold flavours that “explode” in your mouth. I have selected to combine the components of the Ming Kam into a creamy red curry that is served with tender seasonal vegetables sourced from Herbtanical, where owner Vasili “Basil” Betsakos and his team goes to great lengths to ensure Restaurant Mosaic receives the freshest range of exotic vegetables before every service.

Connoisseur Pairing

Non-Alcoholic Pairing

Enthusiast Pairing

Domaine Albert  
Mann Pinot Gris  
2012

Geisha  
Blossom  
Infusion

Paul Cluver  
Estate  
Gewürtztraminer  
2012

Alsace

France

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Pale yellow colour. Butter and brioche aromas on the nose. The first taste on the palate is fine and well-balanced. Beautiful fruity flavours with a lively acidity and a clean and dry finish.

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This is an elegant and highly refined blend of green teas. Refreshing, with ripe southern fruits infuses into a fragrant cup that will calm your mood after one of Gauteng's frenetic days.

Elgin

Cape

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Pale golden colour. The palate reflects all that is detected on the nose, underpinned by enticing spring freshness. Elegant balance and refreshing interplay between residual sugar and acidity.

# Autumn Leaves

Black Truffle  
Shitake Mushroom Ravioli

Cauliflower Crème  
Cauliflower Beignets

The earthy, comforting aromas of the primeval growth, nurtured by the early morning mist brought together the inspiration of this dish composed from fragrant Black Truffles, light Portobellini, delicate Shimeji and earthy Shiitake mushrooms, traditionally cultivated in Asia.

Nouvelle Mushrooms, know as South Africa's largest producer and supplier of exotic mushrooms, ensures that Restaurant Mosaic can present this beautiful selection of mushrooms bursting with an abundance of health promoting properties. The emperors in China even believed them to delay ageing...

Connoisseur Pairing

Concha y Toro  
- Casillero del  
Diablo  
Carménère 2010

Raper Valley Chile

Notes of dark plums and spice, generously framed by toasty oak with a soft and well structured mouthfilling texture. Classic cacao and mint flavours common to the Carménère grape.

Non-Alcoholic Pairing

Genmaicha,  
Mushroom, Brown  
Rice Infusion

Mushroom Tea (Ling Chih) is a staple of Eastern medicine and means "mushroom of immortality." Drinking the tea continuously for two months will significantly improve your overall well-being.

Enthusiast Pairing

Nederburg  
Wines NA Private  
Bin R181 Merlot  
2007

Paarl Cape

Scents of violets and sweet spice are followed by ripe berry and a hint of mocha and vanilla. Complex, rich and full in the mouth with layers of fruit, oak and spice, with soft but firm tannins.

# Cheese Selection

Charles Arnaud 30 month Grande Réserve Comté,  
Old Amsterdam, Belnori Kilimanjaro, De Pekelaar and  
many more...

Mosaic's cheese trolley offers a hand-picked seasonal selection of exceptional local and European cheeses, served with a variety of condiments and freshly baked Cranberry and Pear or Sour Cherry and Walnut breads to complement the cheese. We also have a selection of Wheat, Gluten, Lactose and Nut free breads available.

A few of the highlights on our cheese trolley to tempt your taste buds:

- **30 Month Old Charles Arnaud Grande Réserve Comté (AOC)** - Restaurant Mosaic is one of the few restaurants in the world to present this rare and exceptional quality Comté which takes 530 liters of cow's milk to produce one single Comté, weighing in at a hefty 35kg.
- **Époisses de Bourgogne (PDO)** - The Emperor Napoleon's favourite cheese, it has a striking but pleasant smell, strong flavour and is very creamy - it melts in your mouth.
- **Belnori Phantom Forest** - Fresh Chèvre with layers of vegetable ash, wrapped in Camembert. Norman and Rina Belcher at their Belnori Boutique Cheesery, in Bapsfontein, make this cheese with organic milk from their lovable Swiss Saanen goat herd. This soft cheese has no "goaty" flavour and is slightly nutty and was honoured as the champion cheese at the SA National Championships numerous times.
- **Dolcelatte Gorgonzola (PDO)** - Produced from combining the curds from the evening's milk with curds made from warm, fresh milk to encourage bacteria growth, creates the yellow interior full of greenish-blue striations. A creamy, buttery cheese, from the rolling hills of Piedmont in Italy.

*\* Our Sommelier will be happy to assist with a recommendation for wine to compliment your cheese.*

Non-Alcoholic Pairing

Spiced Pear  
Toddy

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Star anise is a main source of shikimic acid. This substance boosted the spice's prominence in the western medicine. It is one of the main components for making the anti- influenza pharmaceutical called Tamiflu.

# Recipe for Romance

Almond

Passion Fruit

Love Potion

I am frequently asked what to do for a romantic dinner. The answer is quite simple - ask the love of your life to help you stir something up in the kitchen...especially if you can secretly add a few drops of love potion... I have decided to allow you to play with your food and stir it up yourself.

My Recipe for Romance DIY cake consists of:

Ground Almond Flour  
55% Valhrona Chocolate  
\*Creamy Farm Butter (Passion Fruit Parfait)  
\*Sugar Cubes (Coconut Marshmallow)  
\*Fresh Organic Egg (Mango & Coconut)  
Home Dried Berries  
Fresh Organic Flower Petals  
picked from my own garden

...and the most important ingredient,  
Love Potion to taste (or as needed!)

*\* As in love, what you see  
is not necessarily what you get...*

Wine Pairing

Bottega Petalo  
Il Vino dell'  
Amore Nv

Veneto

Italy

Brilliant gold with a fine perlage. Intense, floral, fruity with scents of peach, pear, tropical fruit and hints of sage. A distinguished sweet taste with hints of roses.

Non-Alcoholic Pairing

Rose  
Geranium  
Elixir

The small flowers of the Geranium has long been associated with romance because of the sweet, enticing scent escaping the leaves when you brush against them.

# Little Black Number

Callebaut Chocolate

Vanilla Confit Pear

Italian Dark Chocolate Gelato

I am sure every woman will concur that having a "Little Black Number" in their closet is essential. That one irresistible fashion item that you can't live without. It never lets you down and always makes you feel and look good...

Our "Little Black Number" consists of a sinfully decadent composition of layered Callebaut couverture chocolate mousse, ganache, salted caramel and a crunchy wafer served with Italian gelato.

Callebaut Chocolatiers hand select, roast and grind cocoa beans into their own secret and exclusive cocoa mass - the most important ingredient for chocolate couvertures. The beans are roasted in their shell to protect the most delicate aromas and to yield a more intense, more complex and deeper cocoa flavour.

As the finale of what we hope has been an unforgettable evening, we trust that our "Little Black Number" will create that lasting impression and fond memories that the real thing has evoked in your life.

Connoisseur Pairing

Non-Alcoholic Pairing

Enthusiast Pairing

Le Clos du Bourg  
Moelleux 2003

Dark Chocolate  
Milkshake

De Trafford Vin  
De Paille Straw  
Wine 2003

Vouvray France

Distinctive, herby, straw-like nose with some honey-like notes. The palate is rich, complex and full. Quite lovely. Lots of Chenin character; very sweet and rich textured.

Dark chocolate is good for more than curing a broken heart. The powerful force of cacao, is packed with healthy disease killing elements like flavonoids and theobromine.

Stellenbosch Cape

Complex marzipan, honey, dried apricots and citrus nose. The palate is sweet with just enough acidity and oak tannins to compliment and deliver a long, lingering finish.

# Non-Alcoholic

Drinks Pairing

## **Simply Shoots**

Home-made Nasturtium Lemonade

## **Bountiful Beetroot**

Beetroot, Cucumber and Ginger Smoothie

## **Rooibos Lilly**

Rooibos and Citrus Tea

## **Honeycomb**

Jasmine Tea

## **Indochine..A taste of the Orient**

Geisha Blossom Infusion

## **The Alchemist's Infusion**

Hibiscus and Dill Infusion

## **Autumn Leaves**

Genmaicha, Mushroom, Brown Rice Infusion

## **Cheese Selection**

Spiced Pear Toddy

## **Recipe for Romance**

Rose Geranium Elixir

## **Little Black Number**

Dark Chocolate Milkshake

## Still Water

Lauretana  
R42 / 750ml

From the Alpine environment of Biella Mountains. Springs are situated in surroundings devoid of any settlement. Therefore the area is completely unpolluted so that the groundwater tables, also for their depth, do not run any risks of pollution. Lauretana, in respect of such a perfect nature, has provided opportune technologies to preserve the water along all its course, from the spring until its bottling. The spring is located on the slopes of Mombarone at 1 050 m above sea level - and since it is a water of ice - it enjoys the greatest volumetric supply in summer and a more contained one in winter.

Acqua Panna  
R42 / 750ml

Acqua Panna Natural Spring Water, which dates back to the Romans, comes from the region of Tuscany and is the ideal still water for dining occasions. Legend has it that Romans built the only road from Northern to Southern Italy through Scarperia. This road went past the Acqua Panna spring, which provided deserved refreshments to weary travelers. In the 1500's, terra cotta pipes were discovered near the source. These pipes were used to transport the natural spring water to the noble Medici Family, the wealthiest, most powerful and influential family in Florence. The Medici's home, called Villa Panna, is located on the land surrounding the source. The cream-coloured villa provides the name for the brand, "Panna", which means "cream" in Italian. The lion's head found on the Acqua Panna logo was originally part of the fountain at Villa Panna.

## Sparkling Water

Lauretana  
R42 / 750ml

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S. Pellegrino  
R42 / 750ml

San Pellegrino mineral water has been produced from the same natural spring for over 600 years. In 1395, the town borders of San Pellegrino were drawn, marking the start of its water industry. Leonardo da Vinci visited the town in 1509 to sample and examine the town's "miraculous" water, later writing a treatise on the subject. The water originates from a layer of rock 400 metres (1,300 ft) below the surface, where it is mineralised from contact with limestone and volcanic rocks, giving the water its distinctive taste. It emerges from three deep springs at a temperature of about 22°C (72°F). The iconic green bottle was designed in 1899, and was originally used to bottle wine. The red star was considered a symbol of export products of particular excellence and quality. The bottle's label features the Art Nouveau casino building of San Pellegrino Terme against the Alps skyline.

## The Orient's Crystal Clear Spring Water No Charge

The Magaliesberg, one of the oldest ranges in the world, separates the Highveld Grasslands to the south and the Bushveld Savannah to the north. These mountains' creation began almost 2 300 million years ago when Africa, what was then a large landmass called Gondwanaland and most of what is now known as Gauteng, was submerged under shallow water. Several layers of sedimentary rock, dolomite and limestone settled on this seabed. Over millions of years, once the rock had solidified, water seeped in and dissolved parts of the dolomite leaving huge caves, some of which became under ground reservoirs, and these are the source of many of the streams that flow through the region. This is also the origin of "The Orient's Crystal Clear Spring Water", especially to spoil our guests with the purest of pure water.